

Platz	St.-Nr.	m/w	Verein	AK	AK-Pl.	m/w-Pl.	Zeit
1	211	m	Radau, Toni	Viktoria Winneken...	M55	1	00:27:06.6
2	93	m	Bliesner, Friedhelm	Apotheke Mattenkl...	M60	1	00:28:23.6
3	119	m	Tappe, Reinhard	Kolpingfamilie Du...	M50	1	00:28:29.0
4	407	m	Schoenmackers, Ludger	SV Straelen	M45	1	00:29:44.3
5	425	w	Gerlach, Irmgard	TV Walsum-Aldenrade	W55	1	00:36:31.9
6	328	m	Pobisch, Reinhold	Sportklinik	M75	1	00:37:34.2
7	138	m	Munstein, Frank	OSC 04 Rheinhausen	M40	1	00:37:38.4
8	59	w	Hübel, Helga	Duisburg	W50	1	00:39:23.5
9	343	w	Toebe, Margret	Duisburg	W50	2	00:40:47.2
10	331	w	Wistuba, Gabriele	Sportklinik	W50	3	00:42:07.0
11	326	w	Binder, Caroline	Sportklinik	WHK	1	00:42:07.5
12	327	w	Wistuba, Lisa-Marie	Sportklinik	WJugA	1	00:42:08.2
13	346	w	Piatkowski, Monika	St. Josef	WHK	2	00:42:27.8
14	100	w	Kropp, Kerstin	Familienzentrum G...	W45	1	00:42:28.4
15	43	w	Waterbör, Karin	TG Lage	W55	2	00:43:31.8
16	141	w	Pawelzak, Marion	OSC 04 Rheinhausen	W60	1	00:44:02.5
17	148	w	Hitzler, Claudia	OSC 04 Rheinhausen	W45	2	00:44:11.7
18	144	w	Schüßler, Ellen	OSC 04 Rheinhausen	W50	4	00:44:13.0
19	142	w	Pelz, Marianne	OSC 04 Rheinhausen	W60	2	00:44:15.1
20	348	w	Teutloff, Rita	LC Duisburg	W50	5	00:44:35.8
21	345	w	Krink, Agneta	Sankt-Josef	WHK	3	00:44:39.6
22	421	w	Wachlin, Patricia	AWG Süd	WJugB	1	00:44:41.6
23	393	w	Jahobi, Angela	Familienzentrum	W45	3	00:44:42.5
24	428	m	Schink, Thomas	Duisburg	M50	2	00:44:43.5
25	422	w	Mieder, Angelique	AWG Süd	WJugB	2	00:44:47.7
26	64	w	Heidtmann, Tanja	St. Josef	W35	1	00:44:53.8
27	363	w	Engels, Cara	AWG Süd	WJugB	3	00:44:54.8
28	101	w	Geurtz, Sandra	Familienzentrum G...	W30	1	00:44:56.1
29	25	w	Stein, Silvia	OSC 04 Rheinhausen	W50	6	00:45:18.0
30	194	m	Peter, Ronald	HLG 98 Wuppertal	M50	3	00:45:20.0
31	125	m	Kalisch, Bernhard	Rheinhausen	M75	2	00:45:30.6
32	193	w	Heinen, Britta	HLG 98 Wuppertal	W50	7	00:46:01.3
33	145	w	Hitzler, Rotraud	OSC 04 Rheinhausen	W60	3	00:47:15.1
34	146	w	Rieke, Cäcilie	OSC 04 Rheinhausen	WHK	4	00:47:16.2
35	139	w	Schneider, Siglinde	OSC 04 Rheinhausen	W60	4	00:47:29.4
36	136	w	Roth, Ruth	OSC 04 Rheinhausen	W55	3	00:47:30.1
37	404	m	Duhnke, Klaus	Team Erdinger Alk...	M50	4	00:47:54.5
38	405	w	Duhnke, Vuokko	Team Erdinger Alk...	W45	4	00:47:55.1
39	230	w	Neueling, Vanessa	St. Josef Kinder ...	WJugB	4	00:48:40.1
40	220	w	Greverath, Sara	St. Josef Kinder ...	WHK	5	00:48:40.5
41	26	w	Waldschmidt, Stephanie	Duisburg	W35	2	00:49:00.5

42	235	w	Braens, Jessica	St. Josef Kinder ...	WHK	6	32	00:49:01.2
43	221	m	Koch, Simon	St. Josef Kinder ...	M30	1	11	00:49:30.9
44	27	w	Tillmes, Daniela	Duisburg	W35	3	33	00:49:34.9
45	414	w	Gordziel, Gaby	Duisburg	W50	8	34	00:49:40.7
46	140	w	Heinigh, Sylvia	OSC 04 Rheinhausen	W60	5	35	00:54:43.5
47	137	m	Kinne, Martin	OSC 04 Rheinhausen	M55	2	12	00:54:45.7
48	236	w	Koc, Zersan	St. Josef Kinder ...	W40	1	36	00:55:57.3
49	233	w	Brocks, Katharina	St. Josef Kinder ...	WHK	7	37	00:55:58.3