



Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	Min/KM
1		00:17:34	260	Völling, Daniel		ASV Duisburg	1981	03:30,8
2		00:18:36	262	Harder, Jens		Eintracht Duisburg	1968	03:43,2
3		00:18:51	269	Langhanki, Gerd		Rheinhausen	1966	03:46,2
4		00:19:28	259	Lachmann, Guido		Homberger TV	1966	03:53,6
5		00:19:44	53	Schrörs, Thomas		Eintracht Duisburg	1973	03:56,8
6		00:21:28	247	de Raad, Helmut		TuS 05 Arloff-Kirspenich	1944	04:17,6
7		00:21:42	26	Jentzsch, Uwe		Duisburg	1955	04:20,4
8		00:21:45	185	Biella, Burkhard		Duisburg	1955	04:21,0
9		00:21:57	28	Jentzsch, Daniel		Duisburg	1988	04:23,4
10		00:23:43	183	Kirchhoff, Simon		Duisburg	1986	04:44,6
11		00:23:57	233	Laur, Dominik		OSC 04 Rheinhausen	1994	04:47,4
12		00:24:25	24	Schröder, Lothar		Duisburg	1963	04:53,0
1	W	00:24:41	128	Diamant Raithel, Gisela		Rumelner TV	1957	04:56,2
13		00:24:46	56	Gregoric, Tim		Kamp-Lintfort	1995	04:57,2
14		00:24:47	55	Gregoric, Detlev		Kamp-Lintfort	1967	04:57,4
2	W	00:25:26	61	Basalla, Katrin		Finanzamt Duisburg-West	1979	05:05,2
3	W	00:26:10	60	Dittrich, Stefanie		Finanzamt Duisburg-West	1980	05:14,0
15		00:26:41	190	Irlbeck, Christian		Orgellauf-Team Friemersheim	1992	05:20,2
16		00:26:44	278	Brunke, Dieter		Duisburg	1954	05:20,8
17		00:26:49	263	Kalthoff, Jürgen		Sparkasse Duisburg	1940	05:21,8
18		00:26:51	250	Blum, Reinhard		RTV Rumeln	1941	05:22,2
19		00:27:19	66	Heinen, Mark		Ski-Club Cronenberg 1929	1989	05:27,8
20		00:27:24	20	Müller, Kilian	FRA	Kempen	1996	05:28,8
4	W	00:27:38	59	Andres, Anke		Finanzamt Duisburg-West	1965	05:31,6
5	W	00:27:48	129	Kok, Sabine		Rumelner TV	1965	05:33,6
6	W	00:28:00	266	Meinke-Henn, Sabine		Homberger TV	1964	05:36,0
21		00:28:04	142	Keusemann, Heinrich		Rumelner TV	1935	05:36,8
7	W	00:28:07	25	Schröder, Bärbel		Duisburg	1963	05:37,4
22		00:28:28	230	Stoebke, Christian		Krefeld	1976	05:41,6
8	W	00:29:15	64	Kinghorst, Wilma		Duisburg	1960	05:51,0
9	W	00:29:17	273	Ullein, Gerlinde		Moerser TV	1950	05:51,4
23		00:29:55	139	Thul, Jonathan		Rumelner TV	1996	05:59,0
10	W	00:29:56	268	Jeup, Beate		AS Neukirchen-Vluyn	1965	05:59,2
11	W	00:30:00	21	Müller, Carole	FRA	Kempen	1969	06:00,0
12	W	00:30:05	220	Gehrke, Larissa		Duisburg	1974	06:01,0
13	W	00:30:10	31	Holler, Katrin		Duisburg	1964	06:02,0
14	W	00:30:18	109	Eppert, Brigitte		Duisburg	1957	06:03,6
15	W	00:30:19	131	Hecker, Claudia		Rumelner TV	1960	06:03,8
16	W	00:30:22	115	Wallmann, Lilo		Duisburg	1946	06:04,4
17	W	00:30:28	88	Dahmen, Gabi		Finanzamt Duisburg-West	1959	06:05,6
18	W	00:30:29	62	Fingerle, Monika		Duisburg	1955	06:05,8
24		00:30:30	87	Dahmen, Michael		Finanzamt Duisburg-West	1959	06:06,0
19	W	00:30:32	114	Frohnert, Cordula		Duisburg	1968	06:06,4
20	W	00:30:40	184	Kirchhoff, Juliana		Duisburg	1989	06:08,0
25		00:30:51	255	Klatt, Dieter		Orgellauf Team Fiemersheim	1960	06:10,2
26		00:31:45	238	Fengk, Ulrich		RTV	1964	06:21,0
21	W	00:33:39	130	Kok, Julia		Rumelner TV	1992	06:43,8
22	W	00:33:55	136	Schwittay, Vera		Rumelner TV	1993	06:47,0
27		00:34:24	174	Hütt, Lucas		SV Rheinhausen	1997	06:52,8
28		00:34:25	173	Hütt, Rolf		SV Rheinhausen	1963	06:53,0
23	W	00:34:33	229	Stoebke-Carbonel, Jessika		Krefeld	1972	06:54,6
24	W	00:36:03	122	Walpersdorf, Karin		Rumelner TV	1963	07:12,6
29		00:36:05	134	Kölven, Gerd		Rumelner TV	1946	07:13,0
25	W	00:36:15	132	Schmidt, Tanja		Rumelner TV	1971	07:15,0
26	W	00:36:16	125	Gärtner, Marion		Rumelner TV	1966	07:15,2
30		00:36:17	121	Walpersdorf, Jens		Rumelner TV	1964	07:15,4
27	W	00:36:17	124	Klimke, Rita		Rumelner TV	1964	07:15,4
28	W	00:36:19	126	Mothes, Melanie		Rumelner TV	1977	07:15,8



TEAMSOFT-SPORTZEIT.DE

Platz	G	Zeit	St.-Nr	Name	NAT	Verein	Jahr	Min/KM
29	W	00:36:19	138	Thul, Eva		Rumelner TV	1968	07:15,8
30	W	00:36:24	140	Neuens, Susanne		Rumelner TV	1965	07:16,8
31	W	00:36:25	123	Oligmüller, Felicitas		Rumelner TV	1958	07:17,0
32	W	00:36:26	127	Himer, Sabine		Rumelner TV	1965	07:17,2
33	W	00:36:45	135	Kölven, Kerstin		Rumelner TV	1977	07:21,0
34	W	00:36:48	137	Schwittay, Sabine		Rumelner TV	1963	07:21,6
35	W	00:36:53	141	Lätzsch, Marion		Rumelner TV	1963	07:22,6
36	W	00:37:01	284	Hilmer, Inge		Duisburg	1937	07:24,2
37	W	00:37:28	189	Irlbeck, Gaby		Orgellauf-Team Friemersheim	1964	07:29,6
38	W	00:37:49	133	Schließke, Heike		Rumelner TV	1969	07:33,8
39	W	00:41:28	251	Blum, Annegret		Duisburg	1946	08:17,6
40	W	00:44:04	241	Hütt, Silke		Orgellaufteam Friemersheim	1964	08:48,8